



Journey Groups

For Pastors

Program Year

This nine-month ministry provides confidential, safe space to:

- Experience God's love,
- Explore your spirituality and questions,
- Experience a variety of spiritual practices,
- Discern the shape of ministry to which you are called, and
- Make authentic connections with other pastors.

It includes:

- Beginning two-night retreat, (*Sept 2019*) for rest, renewal, introduction to several classical spiritual practices and meeting your pastors group,
- Seven monthly half-day retreats with your pastors' group guided by a spiritual director,
- Optional, monthly individual sessions with a spiritual director,
- A closing retreat in June 2020 to reflect on the journey and what is to come.

Your Commitment:

- Attend opening and closing retreats,
- Make your Pastor's Group gatherings a priority.

Goals of this Ministry

Participants will:

1. Connect experientially through Christian practices to the work of God in their lives,
2. Enjoy confidential and nurturing space to discover and explore hopes, ideas, questions and concerns,
3. Connect with other pastors to develop community in which to be authentic and find support,
4. Experience rest and spiritual refreshment,
5. Discern new possibilities in ministry and life and the changes this may require,
6. Discover sustaining spiritual practices and gain sufficient practice in one or two practices so they become habits and commitments.

Cost: The Presbytery of San Francisco, in support of you and your ministry, covers the costs. Should you choose to include individual spiritual direction sessions, you are asked to pay a portion of the expense.

The cohort for the coming nine month ministry is forming.

[Register Now](#) or

by June 30, 2019 on [San Francisco Presbytery's website](#)

Maximum number of participants: 25

Questions:

Contact: [Rev. Ruth T. West](#)

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The scallop shell is an ancient marker of pilgrims.

It was tied to belts or walking sticks and used to scoop up food and water.

The shells have many grooves, different paths, all leading to the same end point.

It symbolizes, for us, our individual and communal journeys on this

9-month pilgrimage toward our true home in God.