

March 23-24, 2020

LEADING FROM WITHIN WITH AUTHENTICITY AND WHOLENESS

Designed for leaders who want to be themselves and find their internal compass to be authentic and whole, this retreat transforms how we show up in the world through our professional, family, or community life.

We will explore our inner lives in solitude and community through journaling, reflective reading, silence, spiritual friendship, sharing, deep listening and open honest questions. Through this process of inner work in community, we can stand on firm ground from which we can lead others toward a more trustworthy, hopeful, and faithful way of being in family, community, and the world.

"The way to find the real 'world' is not merely to measure and observe what is outside us, but to discover our own inner ground."

—Thomas Merton, *Contemplation in a World of Action*

"Can we help each other deal with the inner issues inherent in leadership? Yes, we can, and I believe we must."

—Parker Palmer, *Leading from Within*

Based on the work of writer and spiritual elder, Parker Palmer, this retreat will provide opportunities to:

- Explore how to show up as our true selves
- Reclaim our identity and integrity
- Find ways to build a bridge between our identity and integrity as leaders and the work that we do in the world
- Reflect on our daily decisions and how they reflect our values and commitments as well our wholeness and awareness of light and shadow

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Leadership

Marcy Jackson, M.S.W., M.P.H.,
Co-founder and Senior Fellow, Center for Courage & Renewal



Marcy Jackson, MSW, MPH, is Co-founder and Senior Fellow for the Center for Courage & Renewal. She served as Co-Director of the Center for 13 years and developed and directed the Courage & Renewal Facilitator Preparation Program for 16 years where she helped prepare over 300 facilitators from the United States, Canada, Australia, and the UK. She has been facilitating Courage & Renewal retreats since 1996 with people from a variety of backgrounds and professions. Previously, Marcy worked extensively with individuals, groups, and families as a child and family therapist, grief counselor, and group facilitator.

Daniel (Daeseop) Yi,
Facilitator, Center for Courage & Renewal



Daniel (Daeseop) Yi is in the Facilitator Preparation Program for the Center for Courage & Renewal. He is the Korean Student Advisor and Affiliate Faculty in Spirituality at the University of Redlands Graduate School of Theology, home of San Francisco Theological Seminary, is dedicated to understanding how humans can be their authentic selves and live their lives fully through various contemplative practices. He has been a group facilitator in the Diploma in the Art of Spiritual Direction program since 2008, he is an instructor of the program's class on contemplative listening, and he facilitates the program's supervisors' group. His pursuit to integrate the discipline of psychology and other traditions (Buddhist mindfulness and body movement) with Christianity has helped others to be whole and to live their lives in an integral way.



Date

Monday, March 23 at 3:00 p.m.
through
Tuesday, March 24 at 5:00 p.m.

Cost

Early Bird registration: \$280

Must register by 1/23/20

Standard registration: \$330

Must register by 2/23/20

We can accommodate 20 participants max. To reserve your spot, register early!

Location

Trinity House

University of Redlands, Marin Campus
*Home of San Francisco
Theological Seminary*
26 Kensington Road
San Anselmo, CA 94960

REGISTER TODAY

www.redlands.edu/spiritualitywithin

Deadline: February 23, 2020



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Questions?

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