

WINTER 2022

# *Spirit*

PRESBYTERIAN WOMEN OF THE SAN FRANCISCO PRESBYTERY

## *Calling All Presbyterian Women*

YOU ARE INVITED TO THE SPRING GATHERING WITH

**REV. RUTH T. WEST**

"HOSPITALITY AS WITNESS"

**SATURDAY, MARCH 5, 2022**

VIA ZOOM

- 9:45am ZOOM IN / INTRODUCTIONS
- 10:00 RUTH T. WEST
- 11:00 BUSINESS MEETING:
- devotions
  - reports and announcements

PLEASE RSVP TO JEANETTE HUIE  
BY MARCH 1, 2022 TO RECEIVE ZOOM LINK  
JEANETTE\_HUIE@YAHOO.COM



"Often times it is the women who are called upon to provide hospitality. How we offer hospitality goes beyond ensuring that our guests are comfortable. Hospitality is a reflection of our sense of belovedness. It extends beyond entertainment to include the ways we are hospitable as family, allies, and guests ourselves. How we embody graciousness impacts our relationships and the ways we witness God's love for us and God's grace to us."

Ruth T. West is an ordained PC (USA) Minister of the Word and Sacrament. In addition to a Master of Divinity (MDiv), Ruth holds an MBA, a Diploma in the Art of Spiritual Direction, and a Certificate in Trauma and Spiritual Care. She is currently Associate Director of Advanced Pastoral Studies at San Francisco Theological Seminary (University of Redlands), which facilitates the Doctor of Ministry program. As a spiritual director and chaplain she has developed, prepared, and presented spiritual, devotional, and meditational practices mostly for groups. Ruth is continuing her ministry to people in transition by helping students, clergypersons, and the greater community discern possible next steps in their ministry journeys.



Register to join the next discussion about "Caste" scheduled for March 14th

## Book Discussion Group

# JUSTICE AND PEACE



DISCUSS THE BOOKS WITH OTHERS VIA ZOOM

- The J&P Book Discussion Group is open to all!



DISCUSSION GROUP MEETS EVERY OTHER MONTH

- Read and discuss any or all books that appeal to you. Registration will be needed to join the discussion on Zoom.



RECEIVE STUDY GUIDES TO INFORM YOUR READING

- Questions for discussion or reflection will be sent with your registration confirmation.

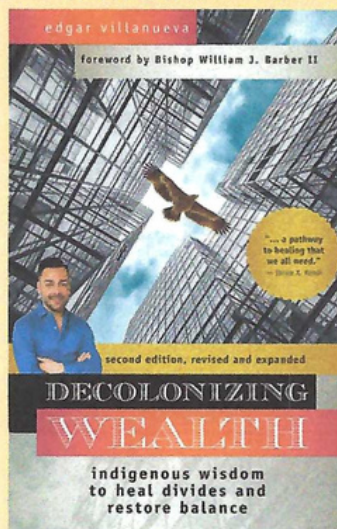


To register, scan the QR code with your smart phone or go to [presbyterianwomen.org/justice](https://presbyterianwomen.org/justice).

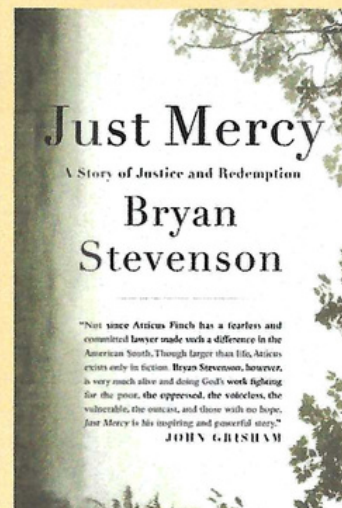
## 2022 Reading Selections

(3:30 - 5:30 pm Pacific Time)

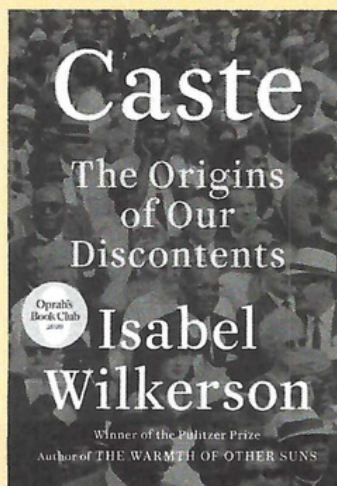
JANUARY 10



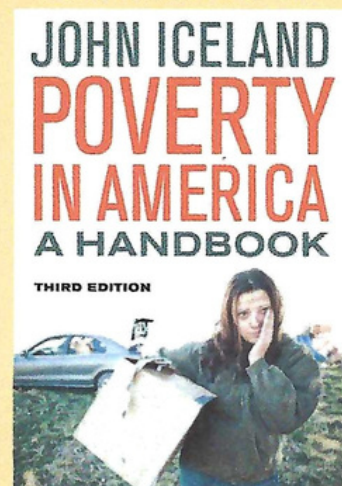
JULY 11



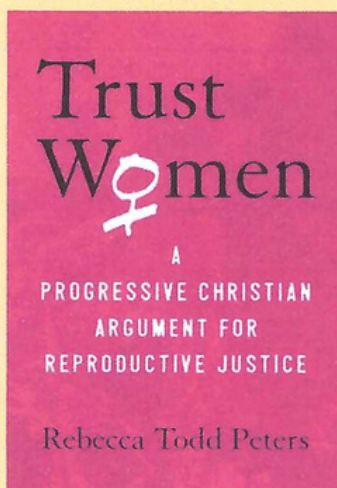
MARCH 14



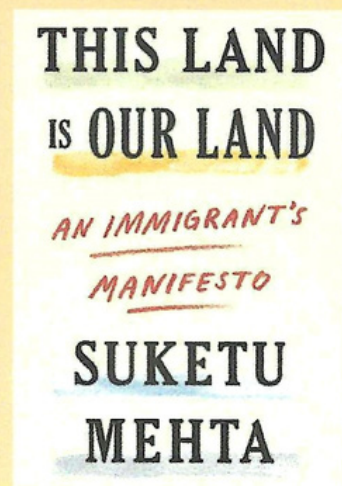
SEPTEMBER 12



MAY 9



NOVEMBER 14



Selections are recommended reading by the Justice & Peace Committee of PW's Board of Directors.



In 1922, Hallie Paxton Winsborough challenged each member of the Women's Auxiliary of the Presbyterian Church in the United States to give a penny for each year of her life as a "birthday gift" and the offering benefitted Miss Dowd's School for Girls in Japan and construction of the Montreat Gate in North Carolina. A century later, Presbyterian women have contributed more than \$37 million to the Birthday Offering and helped improve lives at home and around the world.

While the world looks different now than it did when Hallie extended her call to give, deep needs and faithful responses remain. And thankfully, so do Presbyterian Women and Presbyterian Women's Birthday Offering.

In celebration of God's gifts for our lives—the gift of community, the gift of care, the gift of Presbyterian Women—let's celebrate 100 years of Presbyterian Women's Birthday Offering! Consider responding with a modern twist to Hallie Paxton Winsborough's challenge by giving \$100 for 100 years\* to the Birthday Offering!

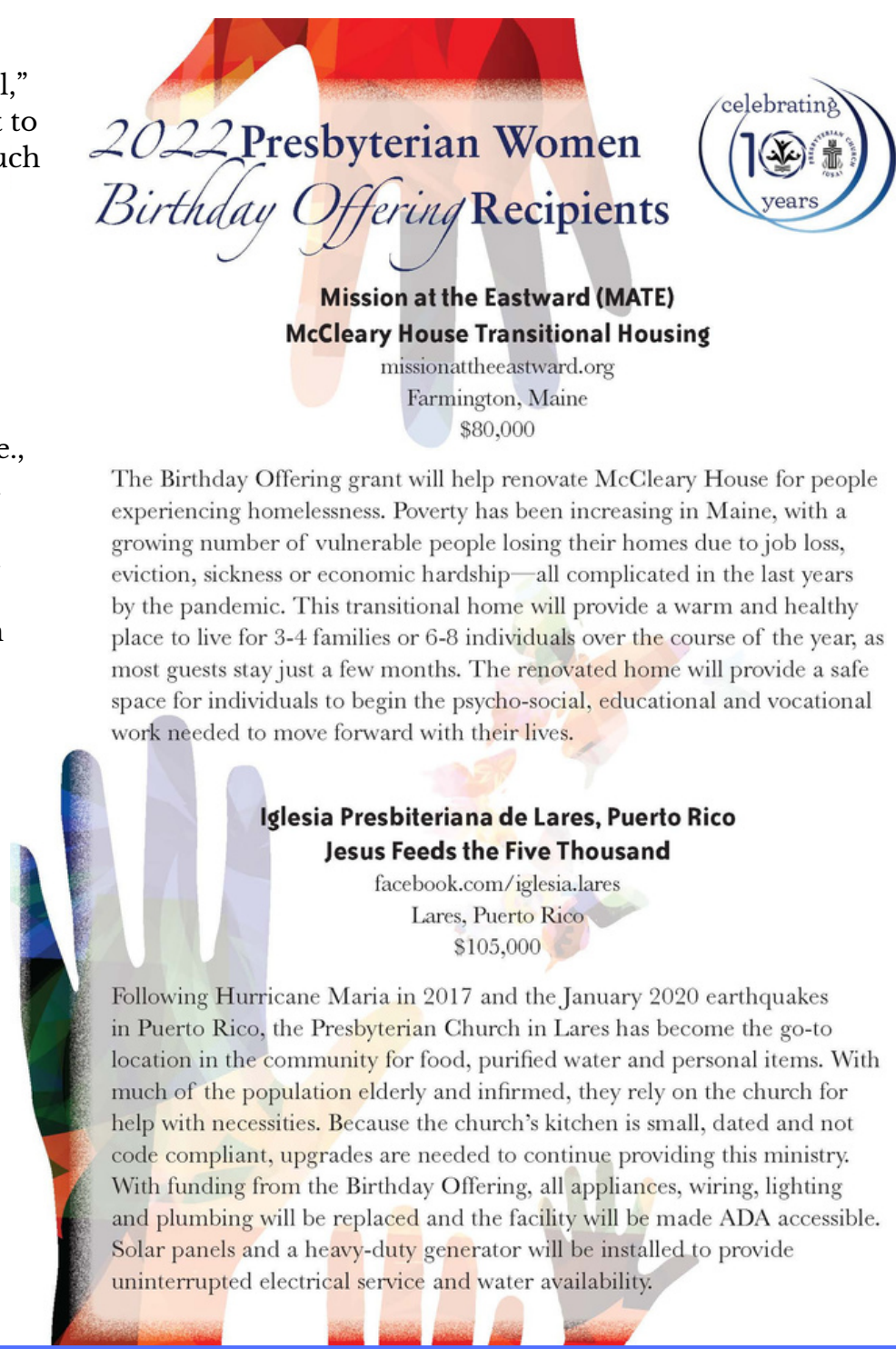
\*\$100 for 100 encourages all Presbyterian women to give as they are able. Using 100 as a benchmark, consider giving a quarter for every year or even a dime or perhaps even \$50. No matter the amount, all gifts are gratefully received and lovingly shared. Every level of support for PW's many ministries matters to PW, your church and your world community.

As we establish a new "normal," let's remember our commitment to support ministries that matter, such as PW's Birthday Offering.

Individuals can give online at [www.presbyterianwomen.org](http://www.presbyterianwomen.org).

**PW groups:** please collect this offering in the Spring and send your check to PWP Treasurer, Jeanette Huie, 5080 Kearney Ave., Oakland 94602. She will forward funds to PW.

Together, let us lovingly plant and tend seeds of promise so that programs and ministries can grow and flourish. If you have questions, contact Jeanette at [jeanette\\_huie@yahoo.com](mailto:jeanette_huie@yahoo.com).



## 2022 Presbyterian Women Birthday Offering Recipients



### **Mission at the Eastward (MATE) McCleary House Transitional Housing**

[missionattheeastward.org](http://missionattheeastward.org)  
Farmington, Maine  
\$80,000

The Birthday Offering grant will help renovate McCleary House for people experiencing homelessness. Poverty has been increasing in Maine, with a growing number of vulnerable people losing their homes due to job loss, eviction, sickness or economic hardship—all complicated in the last years by the pandemic. This transitional home will provide a warm and healthy place to live for 3-4 families or 6-8 individuals over the course of the year, as most guests stay just a few months. The renovated home will provide a safe space for individuals to begin the psycho-social, educational and vocational work needed to move forward with their lives.

### **Iglesia Presbiteriana de Lares, Puerto Rico Jesus Feeds the Five Thousand**

[facebook.com/iglesia.lares](https://facebook.com/iglesia.lares)  
Lares, Puerto Rico  
\$105,000

Following Hurricane Maria in 2017 and the January 2020 earthquakes in Puerto Rico, the Presbyterian Church in Lares has become the go-to location in the community for food, purified water and personal items. With much of the population elderly and infirmed, they rely on the church for help with necessities. Because the church's kitchen is small, dated and not code compliant, upgrades are needed to continue providing this ministry. With funding from the Birthday Offering, all appliances, wiring, lighting and plumbing will be replaced and the facility will be made ADA accessible. Solar panels and a heavy-duty generator will be installed to provide uninterrupted electrical service and water availability.

# KEEPING A THREE-QUESTION JOURNAL

by Karen Vied

*Our good friend, Connie Clark (Livermore, Ca) was a great journal writer. She had several journals going at the same time. I have had a prayer journal for several years, usually a new journal each year. I keep travel journals for my trips and love to reread them. Thinking my gratitude journal is rather monotonous, it doesn't get written in so often. However, with this new suggestion it may be a better way for me to think about gratitude. Or I might be able to go back and forth between my formats.*

*I am ending my day with Mary Oliver's DEVOTIONS now and have used SIMPLE ABUNDANCE (A Daybook of Comfort and Joy) by Sarah Ban Breathnach in the past, but whatever is a favorite read is appropriate for ending your day.*

## Keeping a Three Question Journal

A Journal exercise from Angeles Arrien, the author of *The Fourfold Way*.

This exercise requires you to have a bound book in which to write and takes only 15 minutes a day. It is suggested you have a quiet place where you will not be interrupted. This is usually done towards the end of your day. In this exercise you review your day as if you were watching a video. Start from the present moment and move backwards through your day, moving from dinnertime up until the time that you awake in the morning, recalling the events you have experienced and the people you have encountered.

Review your day backwards three times. The first time you review your day, ask yourself: what surprised me today? As soon as you find any answer to this question STOP YOUR REVIEW and write it down. It is not necessary to write a great deal...the thing that is important is to re-examine your day from a new perspective and not how much you write about it. It is also not important to find the most surprising thing that happened; just write down the first surprising thing that comes to you in your review.

Then review your day from the present moment again, this time asking: what moved me or touched my heart today? As soon as you find any answer to this question STOP YOUR REVIEW and write it down.

Then review your day from the present moment again, this time asking: What inspired me today? As soon as you find an answer to this question STOP YOUR REVIEW and write it down.

It is suggested folks write in their journal at the same time and place every evening. At first you may discover that nothing surprised or touched or inspired you. Don't be discouraged as this is surprisingly common. Then you may find things that surprised, touched, and inspired that you did not notice at all during your day. After a while you may begin to notice that things surprise, touch, and inspire you as they actually happen during the day.

When this happens, notice any change you may experience in your attitude towards your work and the people around you....or any change in their attitude towards you.

Rachel Naomi Remen, M.D. 2007

The Institute for the Study of Health & Illness at Commonweal



## The PW Purpose

Forgiven and freed by God in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves

- to nurture our faith through prayer and Bible study,
- to support the mission of the church worldwide,
- to work for justice and peace, and to build an inclusive, caring community of women that strengthens the Presbyterian Church (U.S.A.) and witnesses to the promise of God's kingdom.

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## A Summary of PWP-SF's 2021 Financial Report

The following was contributed by PW groups in the Presbytery of SF and forwarded to PW Churchwide:

PW Mission Pledge	\$1,757.50
Birthday Offering	\$965.00
Thank Offering	\$1,704.25
Least Coin Offering	\$83.33

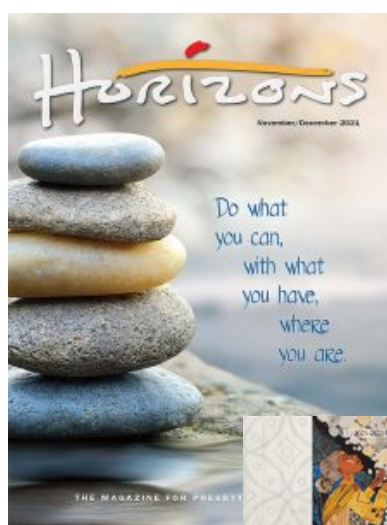
Per Capita dues of \$4 per member totaled: \$328  
Half of this amount was sent to PW in the Synod to fulfill our per capita dues and the other half was retained in PWP-SF's treasury.

PWP-SF also received generous donations in memory of past Moderator Betty Greenlee and from PW of First Presbyterian Church of Newark.

Expenditures included \$500 for speaker honorariums for the three Gatherings we had in 2021.

We have funds set aside for Program and Scholarships. Scholarships are available to help women with registration fees for the Churchwide Gathering or other conferences.

The Board and Staff of PW Churchwide is thankful for your support of the mission and ministry of Presbyterian Women as we carry out the PW purpose together.



Focusing on how faith and life connect, **Horizons** gives you insights from women around the world and inspiration to live boldly.

**Horizons** is the magazine (and Bible study) by and for Presbyterian Women. Focusing on issues of faith—from the interplay between literature and theology to violence against women—Horizons gives you insights from women around the world and inspiration to live boldly. Within the pages of Horizons, you will find a wealth of information you need to live in faith as a Presbyterian Woman. Inside you will find mission stories, ideas for justice and peace work, information about Presbyterian Women and our denomination, the Presbyterian Church (U.S.A.), devotions, Bible study resources (to accompany the annual PW/Horizons Bible study) and a short Bible study on the issue's theme.

**Horizons** is just for you because it's about you and your sisters in faith, amazing Presbyterian Women!

For \$24.95, a print subscription to Horizons will include five issues of the magazine and the annual Bible study as well as digital access. A digital-only subscription is \$15.00/year.

For more details and/or to subscribe, go to PW's website, [www.presbyterianwomen.org](http://www.presbyterianwomen.org).

