



Spiritual Director List

Mary Jo Alderson has been a spiritual director for more than twenty years. She led the spirituality program at Valley Presbyterian Church in Portola, but is now retired. She received her training at Mercy Center in Burlingame where she has helped lead the Ignatian Exercises for many years. She sees clients at Portola Valley PC and in her home in Sunnyvale. Contact her at Maryjo.alderon@gmail.com or 408-616-0176.

Anne Blackwood, MD is a medical doctor, an ordained elder in Presbyterian Church USA, and an Anabaptist by faith tradition. Having practiced medical oncology for more than 20 years, Anne completed the Sacred Journey program at Mercy Center, Burlingame, CA and the Certificate in the Art of Spiritual Direction at San Francisco Theological Seminary. Anne works with those of many backgrounds and she feels specially called to accompany those who experience and live out a call to the work of compassion, peace and justice, however they understand that work. Anne meets with clients via ZOOM, and, when in-person meeting is possible, at Sojourner Truth Presbyterian Church, in Richmond, CA and in El Cerrito. Anne can be reached at: abchirchir343@gmail.com and at 650-892-4633.

Rev. Dr. Diana Cheifetz received her Certificate in the Art of Spiritual Direction from San Francisco Theological Seminary, and has served as a spiritual director to clergy and laity since 1996. A lifelong Presbyterian, she feels called to serve "people who care for people." She has completed Master Level Reiki training, and is aware of how challenging emotions are carried in our bodies. She sees people for spiritual direction in her home in Alameda and by Skype/Facetime. (And she sees people for Reiki/spiritual direction in offices in Alameda and Walnut Creek.) Contact her at revdocdiana@gmail.com or 510-523-1015. Website: www.spiritualdirectionforpastors.com.

Rev. Judy Durff, a graduate of Fuller Seminary, was ordained in 1994 in the PCUSA and served two large suburban churches in the field of spiritual formation. She graduated from the Diploma in the Art of Spiritual Direction at San Francisco Theological Seminary and has served as a spiritual director for over fifteen years. She is the founder and director of The Spiritual Center for Life's Journey, serves as a spiritual director to individuals, groups, and leads retreats. She sees clients in Walnut Creek and currently attends Oakland City Church. Contact her at judy@spiritualcenterforlifesjourney.org or 925-324-5998.

Melvin Fujikawa is a member of Seventh Avenue Presbyterian Church in San Francisco, a certified Spiritual Director, professional singer and vocal coach. He has served in American Baptist, Episcopalian, Presbyterian and nondenominational churches. The death of his husband in June 2017 and ensuing journey of grief has "grown my depth and spiritual insight." Contact him at Melvin.fujikawa@yahoo.com or 415-519-4209.

Carl Grant is a commissioned pastor of the Covenant Church and served the Crossroads Covenant Church as Director of Christian Education. He received his spiritual direction training at San Francisco Theological Seminary program in the Art of Spiritual Direction and his supervision training from Together in the Mystery. He serves as a spiritual director to many Covenant pastors, individuals and groups. He is a founding associate of Authentic Ways: The Spiritual Center for Life's Journey. His article on the Eucharistic epiclesis as a metaphor for spiritual direction was published in Presence Magazine. He is a member of and currently attends Lafayette Orinda Presbyterian where he sees clients. He is retired from secular work as a Chief Information Officer (CIO). Contact him at clgrantsd@gmail.com or 925-250-5516.

Diane Grant, MA in Christian Education, was commissioned as a staff minister in the Covenant Church and served Crossroads Covenant Church as Pastor for Children's Ministries. In 2004 she graduated from San Francisco Theological Seminary program in spiritual direction. She works with Covenant pastors and individuals, is a direction supervisor, member of Spiritual Directors International, Pastoral Spiritual Director in the Pacific SW Conference of the Covenant Church and supervisor-coordinator for spiritual directors at her home church, Lafayette Orinda Presbyterian. She sees clients there and in her home in Concord. Contact her at dianebeeggee@yahoo.com or 925-825-8225.

Rev. Mary Graves, pastor Trinity Presbyterian Church, earned her MDiv from Fuller Seminary, a doctorate in Spirituality from San Francisco Theological Seminary (1998) and a Diploma in the Art of Spiritual Direction(2013) from the same school. She sees clients at Trinity Presbyterian in San Carlos. Contact her at mggraves53@gmail.com or 650-631-8641.

Liz Lawhead manages the Spiritual Directors Institute Training Program at Mercy Center, Burlingame. As such, she develops curriculum, teaches and supervises spiritual directors. She also directs the Ignatian Exercises and provides spiritual direction to individuals and groups, working inter-denominationally. Prior to her spiritual direction training and ministry, she worked for over 30 years as a Project/Program Manager in high tech start-ups. She sees clients at Mercy Center and in Walnut Creek. Contact her at m.elizabeth.lawhead@gmail.com or 650-380-1780.

Jane Doty MacKenzie received her MDiv from Princeton Theological Seminary (2017) and certificate in Spiritual Direction from Oasis Ministries, Pennsylvania. She currently teaches in various spiritual formation and contemplative ministries and in partnership with Yale Divinity School and Princeton Seminary, she recently led a course for young professionals in San Francisco called a Life Worth Living. Prior to her seminary training she was responsible for executive, leadership and employee development for a large, global corporation and has extensive experience in leadership coaching and career development. She sees directees at the Lafayette Orinda Presbyterian Church which she attends. Contact her janedmack@comcast.net or 925-285-4311.

Jim Peterson is an Elder in the Presbyterian Church (PCUSA) and has been a spiritual director for over 20 years. He trained at the San Francisco Theological Seminary, serves a number of pastors,

provides supervision for directors, participates in a supervision training program at Mercy Center, Burlingame, leads occasion retreats with colleagues of Soul Work Studio and the Contemplative Center of Silicon Valley and teaches and provides small group facilitation in three northern California spiritual formation programs. Contact him at j-pete@pacbell.net.

Rev. Scott Quinn is an ordained Lutheran minister, has served as an associate pastor, educator and spiritual director at an interfaith spirituality center in Austin, Texas, as a Director for Community at the Chaplaincy Institute and is currently the Acting Director of the Marin Interfaith Council. He is also a supervisor of spiritual directors, part of the Core Faculty for the Chaplaincy Institute's Spiritual Direction program and has served on staff with San Francisco Theological Seminary's Diploma in the Art of Spiritual Direction. He sees directees at his studio in Sun Valley/West End area of San Rafael. Contact him at scottquinn.net@gmail.com or 512-299-8756.

Rev. Ellen Rankin earned her MDiv and Diploma in the Art of Spiritual Direction from San Francisco Theological Seminary. She served as a chaplain for Hospice By The Bay, and as pastor at Seventh Ave. Presbyterian where she continues as a parish associate, a small group facilitator and a staff member for Companions On The Inner Way, a semi-annual retreat program. She is also a supervisor of spiritual directors and sees individuals for direction at Seventh Ave. PC in San Francisco and in San Anselmo. Contact her at e.rankin@comcast.net or 415-518-1530.

Rev. Jan Reynolds, a retired Presbyterian pastor, has been a spiritual director for over fifteen years. Formerly, she was a consultant in marketing, strategic planning and organizational development. She practices at the Interfaith Counseling Center, 15 Austin Ave, San Anselmo. Contact her at reynoldsjanicek@gmail.com or 415-786-6910.

Teresa Rose, M.S.'s passion is conflict coaching and mediation as a way to build or re-build close connections between you and your dear ones. The foundation of her coaching is Nonviolent Communication (NVC) and speaking from the heart. She works to help you nurture the sweetness, emotional safety, and peace in relationship that we all need to thrive. Additionally, she's a Mercy Center Spiritual Direction program graduate and loves to be your companion on your spiritual journey. She sees directees and clients at her home office in San Mateo. Contact her at Teresa@TeresaRoseCoaching.com or 650-787-6527.

Rev. Erik Swanson, pastor Westhope Presbyterian Church, was trained in spiritual direction at the Spiritual Life Center in Bloomfield, CT. A formative event in his life was the year he studied sacred community and prayer while living at the Taize monastery in France. He sees directees at Westhope PC, 12850 Saratoga Ave. in Saratoga. Contact him at esfishrev@gmail.com or 408-255-0955.

Rev. Daeseop Daneil Yi, has a doctorate in Christian Spirituality from the Graduate Theological Union in Berkeley, has served as a pastor in the Korean Presbyterian church, received his training in spiritual direction from the Mercy Center in Burlingame, and his direction supervision training from Together in the Mystery. He is currently an adjunct professor at San Francisco

Theological Seminary and is faculty advisor for Korean students. Contact him at beas2you@yahoo.com. or 510-292-0799.

Contemplative Center of Silicon Valley, on the campus of Westhope Presbyterian, 12850 Saratoga Ave, Saratoga, has a number of spiritual directors available. Contact them through ccofsv.org.

Rev. Fred Harrell founded City Church San Francisco (RCA) in 1996 and now serves as Transitional Pastor at Stone Church of Willow Glen (PCUSA). In 2023, he launched "[Cultivate](http://cultivatepastors.org)," a nonprofit that encompasses his pastoral coaching and Spiritual Direction practice. Fred earned his Certificate in Spiritual Direction from San Francisco Theological Seminary in 2025. He walks alongside individuals in their spiritual journeys, offering attentive listening, discernment, and guidance to help them explore and deepen their relationship with the divine—fostering spiritual growth and awareness. With the heart of a pastor who has seen it all, Fred shows up with zero judgment. Fred meets with clients primarily online and in his home office in San Francisco's Inner Sunset neighborhood. Contact him at fred@cultivatepastors.org or 415-847-9091.

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These spiritual directors have agreed to see ministers (teaching elders) of the San Francisco Presbytery on a sliding scale for no more than \$75 per session. All are members of Spiritual Directors International and abide by their code of ethics. The Presbytery has compiled this list but makes no assertions about the qualifications or styles of these directors. You are encouraged to seek a director with whom you sense a "fit" and a calling to the work you will do together. These directors will see you for a first introductory visit at no charge where you are encouraged to state as best you can what you seek in direction and to ask about their qualifications and ways of working. The spiritual directee should pay for half of the session and the Presbytery will pay the other half of the session directly to the spiritual director. The Committee on Ministry of the Presbytery will consider paying up to half of the fees for spiritual direction if necessary. Please contact the Committee on Ministry at chairs-com@sfpby.org.